The Beacon

A weekly email newsletter from Cedars Unitarian Universalist Church Serving Bainbridge Island and Northern Kitsap County



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This Week At Cedars

Sunday Service, September 15th 10:00 a.m. In-Person Service in Webster Hall

E=MC2: The Case for an Afterlife

Johanna Munson, Guest Speaker Gregory Cook, Worship Associate

According to Albert Einstein's law of conservation, mass and energy are interchangeable, and the sum stays constant. What if we apply this to the cycle of life and death? There are as many stories of afterlife as there are spiritual traditions; however, some traditions exclude the possibility of "the undiscovered country, from whose bourn no traveler returns" (William Shakespeare). Join us as we venture into the beyond!



Johanna Munson joined Cedars UU Church in 2012 and soon got involved as a set-up leader. She has served on various committees, and joined the Worship Associates team in September 2021.

Sunday, September 15th

UU the Vote 11:15 am Island School Please see below for more details.

Wednesday, September 18th

Meditation Group 5:30 pm Cedars Center Please see below for more details.

View detailed calendar here.

Upcoming Service

Sunday, September 21st, In-Person Service in Webster Hall 10:00 am

Emerson and Me

Rev. Barry Andrews, Guest Minister Jenny Weaver, Worship Associate

For many people today, Ralph Waldo Emerson is a quaint relic of the nineteenth century, or worse yet, a dead white male with little to offer contemporary Americans. Not so for me. I have spent many years

reading and reflecting on his writings. I have taught classes, led workshops, and written several books about him. I have tried to explain his ideas as best I can. Sometimes people ask me, "Why do you read him? What does he mean to you? How has he made a difference in your life?" The short answer is that he has been a wise companion and spiritual guide on my life journey.



News and Announcements

Board News

Hopefully, many of you have now had a chance to meet our new Office Administrator, Michelle Welsh. Michelle is currently learning a whole lot about how our Cedars community works from our many dedicated volunteers! As a reminder, Michelle is a part-time employee working 20 hours per week and is in the Cedars Center on Tuesdays, Wednesdays, and Thursdays from 9am to 2pm. Please stop by the Cedars Center when you're out and about and say "Hello" to her!

In addition to her efforts to support our many activities, such as preparing the Beacon and Order of Service for us each week, Michelle is also taking on the role of Bookkeeper for Cedars. In that regard, she is being trained by our current and most wonderful volunteer Bookkeeper, Mandy Maher. We are so very grateful for Mandy's years of service to Cedars in this role and her willingness to stay with us long enough to make sure that Michelle has the bookkeeper's baton well in hand before running with it herself.

- Cedars Board of Trustees

September Special Collection: Teen Talking Circles

Cedars holds a Special Collection monthly for community outreach to educate our congregation about the work of various non-profit organizations that reflect our values and to channel our generosity in support of them.



Shannon Dowling will come to Cedars on Sunday September 15th to tell us about Teen Talking Circles for more information look here.

The organization is based on Bainbridge Island and offers youth opportunities to be face-to-face with themselves and each other in real time where they share their truth, be heard fully, and listen fully to others. In the circle, teens co-create the safety to feel, to express who they really are and what they're really going through, without fear of rejection or judgment.

If you would like to receive a tax deduction for your donation, please write a check payable to Cedars UU Church with Teen Talking Circles in the memo to place in the offering basket on September 15th or send it to the Cedars Church Office by September 30th .

For more information contact Mike Cox, find more information toxman57@gmail.com.

Summer Special Collections

Thanks for your generous community support through our monthly Special Collection program. This summer we raised \$1161 to support the good work of three local organizations including \$432 for Kingston Cares in June, \$380 for Fishline in July and \$349 for StandUp4Kids in August.

Cedars Facebook Conversations

If you're on Facebook, there is a new Facebook group called Cedars UU Church Community Conversations for members and friends to share events, fun stories, etc. Let's keep the coffee hour going all week long! Join the group **here**.

Book Group

The Marvin Evans Book Group will discuss philosopher Robert Solomon's *Spirituality for the Skeptic* on Thursday, October 23rd, via Zoom at 1:30 pm. Let**Mary Romeo** know if you'd like to receive our reminder emails and Zoom link, contact Mary nmromeo@msn.com.

Dr. Solomon is Professor at University of Texas. "Spirituality is not just organized religion. Nor is it anti-science, un- or super-natural. There is a *naturalized* spirituality that I have always had a glimpse of, and this is what I want to pursue in this book... Spirituality, as I conceive it, embraces both emotion and rationality, both philosophy and religion".



Bainbridge Island Environmental Conference: Electrification Expo

Join us on Saturday September 14th from 12-5 p.m. at Woodward Middle School for the Bainbridge Island Environmental Conference and Electrification Expo!

We need volunteers on the day of the event. If you are interested in volunteering, you can sign up **here**.

The program includes:

- 1. Speakers on a wide variety of topics surrounding electrification and conservation.
- 2. Vendors who will provide information on how to take steps to electrify your home and your life (e.g., solar panels, heat pumps, electric vehicles, electric bikes, landscaping equipment and much more).
- 3. Homeowners and local organizations will discuss the practicalities of home electrification.
- 4. Food booths and music.

For more information, please contact Mike Cox at toxman57@gmail.com.

For more information and to register for the event visit the websitehere.

UU the Vote: Sunday, September 15th after the Service

Come join us as we write postcards to encourage people to come out to vote in the crucial swing states. We will meet right after the service on Sunday, September 15, for about 1 hour to write the postcards. Snacks and drinks provided.



UU the Vote is a bold initiative created by the Unitarian Universalist Association's Side with Love team, providing UUs a thoughtfully crafted "plug-and-play" opportunity to bring our democratic values to life in the crucial struggle to build a genuine multiracial democracy. Find more information **here**.

For details, please contact Mike Cox at toxman57@gmail.com or Naomi Gray at naomiwwwgray@gmail.com.

Bainbridge/North Kitsap CROP Hunger Walk-Dance registration is open!

No one in this world should be hungry. That's why the Bainbridge/North Kitsap CROP Hunger Walk-Dance is more than just a gathering of people in one place. It is part of a movement, taking steps and raising funds together to provide



meals for those in our own community who need them—and supporting programs that create greater food security in communities all around the world.

Please join our team in the fight against hunger. The steps we take and funds we raise will make a difference in the lives of others. Join our team **here!**

Sunday, Sept. 22nd at Eagle Harbor Congregational Church Registration time is 1:30 p.m. and Dance starts at 2:00 p.m. Sponsored by Bainbridge Island/North Kitsap Interfaith Council

Ongoing Programs

Meditation Group

Join us for meditation practice on Wednesdays from 5:30 to 6:30p.m. at the Cedars Center. We will use mindfulness or Vipassana Meditation audio recordings from the Insight Meditation Center in Redwood City. For questions, please contact **Sandy**Spears at sandy.spears@att.net



Do you like trivia? Join other Cedars members and friends at the **Meadowmeer Grill** on Bainbridge Island each Sunday for Trivia Time! The game starts at 5:00pm. Get there by 4:45pm to form teams. If you want to RSVP, text **Jim Morss**.

Super Supper and Community Kitchen Sign-Ups

Cedars, in partnership with Kol Shalom as members of the Bainbridge Island Interfaith Council, offers Super Supper dinners on the last Tuesday of each month. We have a regular sign-up for you to use each month to provide various dishes and to assist with setup, serving, and cleanup, so that all in our congregation have a chance to participate.

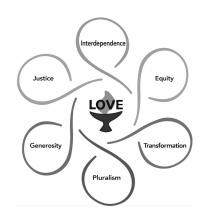


Cedars is also now committed to leading the preparation and serving of a free meal to anyone in the community every other month through the Suquamish Community Kitchen. These meals require many helping hands to prepare, serve, and clean up. Please consider signing up **here** for one of the team member roles on one or more of the upcoming dates (September 11 and November 13).

For more information contact **Mike Cox** at 206-799-3725 or **toxman57@gmail.com** or **Rod Kempkes** at **rdkempkes@gmail.com**.



Cedars UU Church is a Welcoming Congregation and Green Sanctuary



Our Congregational Mission

Worship with open hearts
Nurture a learning spirit
Serve justice with
compassion
Love without judgment

Print the Beacon Newsletter

The Beacon is available to download and print each week. Go to www.cedarsuuchurch.org. The newest issue is available on the Cedars website under News after 12:00 p.m. on Fridays.

Member Directory

Members and Friends can easily search our online Church Directory for contact information. The link is located under the Connection Tab of the Cedars website and **here**.

Worship Services

Sundays at 10:00 a.m The Island School 8553 NE Day Road Bainbridge Island

Office at Cedars Center

Tuesday - Thursday 9 am - 2 pm 284 Madrona Way, NE #128 Bainbridge Island WA 98110 (206) 780-0373 office@cedarsuuchurch.org

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Do you have an article, event, or announcement?
Send it to The Beacon by Friday at 11:00 a.m. ONE WEEK BEFORE the next Friday's newsletter (7 days in advance). See our <u>submission guidelines</u>.

Cedars UU Church (website)





Cedars Unitarian Universalist Church | 284 Madrona Way NE, #128 | Bainbridge Island, WA 98110 US

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