

The Beacon

A weekly email newsletter from
Cedars Unitarian Universalist Church
Serving Bainbridge Island and Northern Kitsap
County



CEDARS CHURCH
UNITARIAN UNIVERSALIST

Volume 13 Issue 42 / October 20, 2023

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Upcoming Services

Go Gentle into that Good Night

Sunday October 22nd
10:00 a.m.
In-Person Service in Webster Hall

Alan Miller, Service Leader
Johanna Munson, Worship Associate

From the ancient near East to the modern West, attitudes toward death and the possibility of an after-life have followed a bell curve from pessimism through optimism to pessimism again. But throughout, love redeems what can be redeemed when we consider our own mortality.

After the church service, **Fran Korten** will give a presentation followed by a discussion about Sustainable Transportation on Bainbridge Island. Fran will particularly focus on active transportation (biking, walking, rolling), including the history of bike advocacy on the Island, and what is happening now. Fran is a member of Bainbridge GreenWays, which advocates for biking and walking infrastructure that can serve people of all ages and abilities.

All Souls Day

Sunday October 29th
10:00 a.m.
In-Person Service in Webster Hall

Rev. Zackrie Vinczen
Gregory Cook, Worship Associate

Reflecting on the lives of our departed loved ones and their impact can bring profound meaning to our lives. This week, we extend an invitation to partake in a reflective ritual, exploring our ongoing connections with those departed and how they enrich our existence. Join us for this service and consider bringing pictures of your loved ones to place on our communal table.

Current Week Calendar and Links

Your Cedars community invites you to participate in services and activities, get information, enjoy fellowship, and pause for reflection.

To view our detailed calendar [click here](#). Then click on the event titles for more information.

Sunday October 22nd
10:00 a.m.
In-Person Service in Webster Hall
[Live-Stream Link](#)
Coffee and Social time following

11:00 a.m.
Sustainable Transportation update
by Fran Korten

Wednesday October 25th
5:00 p.m.
Exploring Meditation at Cedars
Center

Saturday October 28th
9:45 a.m. seating (by reservation)
Climate Café at Grace Episcopal
Church

News and Announcements

Exploring Meditation



Join us for a monthly meditation gathering on the 4th Wednesday of each month at the Cedars Center (located at 284 Madrona Way #128 in Winslow).

Throughout our session, we will delve into a variety of meditation techniques. As we meditate together, you'll have the opportunity to explore these techniques deeply. As the session draws to a close, there will be a chance to pose inquiries and, if you wish, share your personal meditation experiences with others.

Mark your calendar for the following dates from 5:00 to 6:00 p.m.

- October 25th
- November 29th
- **No Meeting in December**
- January 24th
- February 28th
- March 27th
- April 24th
- May 29th
- June 26th

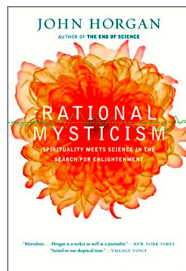
If you would like more information, please reach out to **Rev. Zackrie**.
minister@cedarsuuchurch.org
360-930-9339

Evans Reading Group

The Evans Reading Group is pleased to invite your participation in our practice of reading and discussing books that can intrigue and might enlighten us in seeking "Salvation by Bibliography" as our late friend Marvin Evans used to say.

Our next selection is **Rational Mysticism --Spirituality Meets Science in the Search for Enlightenment**, by John Horgan.

How do trances, visions, prayer, satori, and other mystical experiences "work"? Is there a scientific explanation for religious mysteries and transcendent meditation? This book chronicles advanced research into the mechanics and meaning of mystical phenomena, exploring chemistry, neuroscience, psychology, anthropology, theology, and more, to narrow the gap between reason



Cedars UU Church is a Welcoming Congregation and Green Sanctuary

Our Congregational Mission

*Worship with open hearts
Nurture a learning spirit
Serve justice with compassion
Love without judgment*



Rev. Zackrie Vinczen

Musical Notes

Much hard work and dedication goes into providing music for our Sunday services. And each week we are grateful for those willing to make music and lead us all in song.

This week we offer special thanks to **Audrey Blair** for music accompaniment.

Sunday Hymns:

Come, Come, Whoever You Are (#188)

For All That Is Our Life (#128) Hymn of the Month

Though I May Speak with Bravest Fire (#34)

Safe Gatherings at Cedars

Based on the recent decision to no longer require masking in health care facilities in Washington State, the Board of Trustees has decided that Cedars will no longer ask

and mystical experience.

Join us for an interesting discussion via Zoom at 1:30 p.m. on Wednesday November 8th. If you would like to be on our email list, let **Mary Romeo** know.

Children's Faith Formation Needs You



An enthusiastic group of parents has begun planning children's programming. Program activities will be scheduled in the Island School library on selected Sunday mornings and the help of other adults will be welcomed.

Seeing an active children's Faith Formation effort getting off the ground again is exhilarating. To volunteer your assistance, please email Jeff Philip at president@cedarsuuchurch.org.

Super Supper Sign-Ups

Cedars, in partnership with Kol Shalom, offers Super Supper dinners on the last Tuesday of each month.

Super suppers are a free meal for those in need provided by members of the Bainbridge Island Interfaith Council.

We now have a regular sign-up for you to use each month so that all in our congregation have a chance to participate. Please consider signing up for one or more slots [here](#).

For more information contact **Mike Cox** at 206-799-3725 or toxman57@gmail.com.



Celebrating the Web of Life

Wednesday, November 1st
7:00 pm – 8:00 pm
Saint Barnabas Church
1187 Wyatt Way NW, Bainbridge Island, WA 98110

The Interfaith Climate Circle is hosting an evening of prayer and song committing ourselves to this Sacred Earth and All Beings.

people to mask up while singing at Sunday Services.

We will always honor people's individual choice to wear a mask at any time.

Current COVID Safety - Cedars Unitarian Universalist Church
(cedarsuuchurch.org)

Stick it to 'em!

In the arm. Yes, I am encouraging you to go get vaccinated.

I expect we do significantly better than the general population on vaccinations. The numbers for the general population started out good with the COVID-19 vaccine. Over 80% of Americans had at least one dose. By the Fall of 2022, only 17% had received their booster. Now, we are facing a new flu and virus season, and only about 3% of people in the U.S. have received their vaccine.

There are several viruses' to vaccinate against. Each Fall people routinely get their influenza vaccine. We are also concerned with RSV (Respiratory Syncytial Virus), and there is a vaccine for that, too. That is a triple dose of protection you can get, and it is relatively easy to do. If you are concerned about any of the vaccines, call your doctor. When you are ready to schedule, just contact your pharmacy and set up an appointment. Your health is super important. Take care of yourself and those around you. It may be cloudy and rainy this season, but it doesn't mean you have to lay on the couch sick. Lay on that couch with a good book and a healthy cup of tea.

Jeff Philip
President, Board of Trustees



Writing as a Spiritual Practice

Discover the profound depths within yourself and the world around you through the transformative power of writing. Throughout the centuries, writing has served as a spiritual practice, illuminating hidden truths and connecting us to something greater.

Please join us as we gather to share what individuals, congregations, and the whole community of faith organizations can do to address climate change.

Please bring an altar item representing your love of the planet to share.

For more information contact **Mike Cox** at **206-799-3725** or **toxman57@gmail.com**.

Cedars Creativity Fair 2023

See What Others Have Been Doing

Our identity as a congregational community is strengthened by the activities and gatherings we enjoy together, as well as by the ways we can find to know each other better.

In past years we organized occasional Creativity Fairs to share individual interests and capabilities following Webster Hall services, and in response to the more recent pandemic we have shifted to on-line or virtual versions of those fairs.

Organized to provide opportunities to see and enjoy artful products and demonstrations of the creativity present in our talented and capable congregation, those fairs helped us get to know and appreciate each other.

Continuing that sharing of individual interests and creativity, please join the fun and enjoy the growing show using the link below! If you have something to share, send a photo and description to office@cedarsuuchurch.org.

Creativity Fair

This is what **Jane Martin** has been up to in her studio.

The earrings are made of sterling silver, copper, brass, nickel silver and glass. They will be for sale at Bainbridge Island Museum of Art, shop.



Join the **Cedars Spiritual Writing Group**, a new monthly writing experience facilitated by Rev. Zackrie. During each of these gatherings, you will be offered prompts that nourish your creative spirit, ignite your inspiration, and invite you into questioning. Moreover, these gatherings will also provide a space for deep reflection, contemplation, and sharing. Whether you choose to attend a single session or embark on the full journey, each gathering will offer the promise of a meaningful exploration of self and soul.

So mark your calendar for the following dates from 5-6 p.m.:

- November 8th: On Gratitude
- December 13th: Reviving Spiritual Traditions
- January 10th: Dwelling in Our Bodies
- February 14th: Moments in Between
- March 13th: Allowing Emptiness
- April 10th: Responding to Art
- May 8th: Encounters in the Wild
- June 12th: TBD

Each session will take place at the Cedars Center in Winslow (284 Madrona Way #128).

If you would like more information, please reach out to **Rev. Zackrie**.
minister@cedarsuuchurch.org
360-930-9339

Climate Café

Saturday, October 28th
10:00 a.m. – 12:00 Noon



Seating begins at 9:45 a.m.

Grace Episcopal Church
8595 NE Day Rd, Bainbridge Island

The Climate Café is a safe place for people to come together in circles of trust to share and bear witness to the varied personal perceptions they have about the future of our Earth home and our interconnected lives. This is not a place for educating, promoting or convincing, but one of compassionate companionship one another on this shared journey.

Participants are welcome to bring a small plate of finger foods to share at a mid-event break.

RESERVATION REQUIRED (Seating is limited) To register: Email your name & phone # to

climatecafe.earth@gmail.com

For more information, please contact **Michael Cox**: **toxman57@gmail.com**

Print the Beacon Newsletter

The Beacon is available to download and print each week. Go to www.cedarsuuchurch.org. The newest issue is available on the Cedars website under News after 12:00 p.m. on Fridays.

Member Directory

Members and Friends can easily search our online Church Directory for contact information. The link is located under the Connection Tab of the Cedars website and [here](#).

Services and Faith Formation

Sundays at 10:00 a.m.
The Island School
8553 NE Day Road
Bainbridge Island

Cedars Center

284 Madrona Way, NE #128
Bainbridge Island WA 98110
(206) 780-0373

Rev. Zackrie Vinczen, Minister

For an appointment, e-mail
minister@cedarsuuchurch.org
For an urgent matter, call (360) 930-9339 (Pastoral Care)

Position open

Faith Formation Lead

faith.formation@cedarsuuchurch.org

Carolyn Kerns, Office Administrator

Available remotely Tuesday, Thursday, Friday
office@cedarsuuchurch.org

Would you like to subscribe to The Beacon? Email: beacon@cedarsuuchurch.org
Do you have an article, event, or announcement?
Send it to The Beacon **by Friday at 11:00 a.m. ONE WEEK BEFORE** the next Friday's newsletter (7 days in advance). See our [submission guidelines](#).

[Cedars UU Church \(website\)](#)



Cedars Unitarian Universalist Church | 284 Madrona Way NE, #128, Bainbridge Island, WA 98110

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