Religious Education

Join Cedars

Calendar

<u>Staff</u>

Volume 10, Issue 32 August 21, 2020



Blessing of the Animals

Upcoming Services

Sunday, August 23, 10:30 a.m. Online Service-Zoom link opens at 10:10 a.m.



Puget Sound Worship Collaborative for the Cedars, Northlake, Saltwater, and Westside UU Churches Rev. Kristen Kuriga, Saltwater UU Church **Linda Lane, Worship Associate**

Join Rev. Kristen Kuriga (Saltwater) and Linda Lane (Northlake) to celebrate the blessing of the animals. This is an opportunity to honor the connection we have with our beloved pets, and to express our gratitude and good wishes for the friendship and care they bring to our lives. There also will be a time to honor and remember pets who have died. We will share a slide show of members of our congregations with their pets.

We invite you to bring your pets to worship with you so we can see them and bless them in our live Zoom service.

The link to this service is: **Sunday Worship Service**

After the service, join the Cedars community for a virtual Coffee Hour on Zoom. Use this link: Coffee Hour

Photo by Fernando Maté on Unsplash.

Water Ceremony

September 13, 2020

Virtual Worship Service If you want to participate in this year's virtual Water **Ceremony**, marking the beginning of our active church year, please take a few minutes to watch these video instructions by Rev. **Zackrie**. Find out how you can participate by submitting a short video

clip.



Submissions will be accepted between now and **August 31**. These clips do not need to be perfect! The goal is connection, not perfection.

Water Ceremony Instructions

Photo by Jamie Street on Unsplash.

News and Announcements

Pastoral Care Team

Pastoral Care and Covid-19

In recent discussion within the Cedars Pastoral Care Team, Rev. **Zackrie** confirmed that he would appreciate being informed if any member of the Cedars community tests positive for Covid-19. The information will remain confidential if the person so wishes, but **Rev. Zackrie's** awareness could help with contact tracing as well as determining what support and possible services could be offered by Pastoral Care Team members and perhaps the larger Cedars UU community as well

-Pastoral Care Team

Leadership Learning Opportunity

Harvest the Power--Leadership Course

Serving in leadership roles within a congregational setting can be a deeply spiritual and rewarding experience. These roles also can require us to develop skills and perspectives that differ from other organizational leadership structures.

to join in an exploration of spiritual leadership with me. This exploration will make use of the *Harvest the Power* curriculum and help us to develop an understanding of healthy leadership practices within a church setting. This class will take place in six 2-hour sessions. These sessions will

Recognizing this, I would like to invite current, past, and future leaders

take place from 3:00-5:00 p.m. on the following dates: 09/26, 10/03, **10/10, 10/17, 10/24, and 11/07.** To register for this class, use this link: **Harvest the Power**

Registration will be open until September 18, 2020. Please reach out to me with any questions about this class.

-Rev. Zackrie Vinczen

From the Worship Team

Join Our Team!

If you would like to give virtual worship design a try, now is the perfect time. The **Worship Team** is looking to expand its membership and add a few new Worship Associates as well as people to help with virtual worship Tech Support and Video Editing. Below is a short list of the responsibilities for these two positions.

Worship Associate

Morning Reflection, memorial services, etc.)

1. Provide meaningful spiritual/emotional reflection on worship service 2. Record service elements, such as the Welcome, Offering, and

Chalice Lighting/Extinguishing. 3. Coordinate with **Rev. Zackrie** and other members of the Worship Team to set service themes and craft worship services. 4. Help support other worship activities as requested (i.e. Wednesday

The ideal candidate for this role would be someone comfortable recording service elements and working with the rest of the team to

design and edit worship services.

Tech Support

1. Help service leaders produce video clips for Sunday worship service elements (meditations, prayers, readings, etc.). 2. Provide technical assistance to people participating in virtual services (i.e. help record testimonials or create picture slideshows)

3. Add lyrics to recorded hymns. 4. Act as a host for *YouTube Live/Zoom* chat during the worship service and coffee hour.

5. Use software like Open Broadcast Software, Shotcut, and Zoom to provide technical support to guest preachers. (Some training will be provided by **Rev. Zackrie**.) 6. Help others develop technical proficiency.

The ideal person for this role would have some experience with video production and editing--or be eager to learn.

If you are interested in getting involved in the design and implementation of virtual worship services in any of the ways outlined above, please contact **Penny Brewer**.

Share the Plate

Special Collection for August: UU the Vote Partner Organization

shared with *UU the Vote* partner *Center for* Common Dreams and their Reclaim Our Vote initiative.

Throughout August, our donations will be

organizing to #UUtheVote, working to increase the participation of millions of disenfranchised, eligible voters--especially people of color. UU the Vote (uuthevote.org) is a national campaign working with the non-profit Center for Common Dreams. The Reclaim our Vote initiative is engaging voters

Around the country, Unitarian Universalists are

who have been prevented from exercising their electoral rights through voter suppression and voter list purging. Volunteers inform and mobilize voters in the six most affected states.

They make sure voters are registered, know how to get a ballot, and know where/how to vote. You can learn more about the campaign at this link: Center for Common Ground

Photo by Parker Johnson on Unsplash.

Super Suppers-Take Out Cedars Members Pitch In!

When Super Suppers ended, due to the COVID shutdown, the BARN stepped up to provide meals for those in need. The program through the BARN ended in June, and that sponsor is looking for another grant to provide meals starting again in September.

organizations volunteered to provide meals through the summer. Cedars volunteered to provide a take-out meal for the last Friday of July. Members of the Social Action Committee, the Osprey Set Up Team, the Monday Night Women's Covenant Group, and the Journaling **Group** pitched in to make desserts, contribute food, pack food, and

In the meantime, the **Super Supper** teams met by Zoom, and

donate funds for the meal. We served pasta salad, green salad, chicken, and dessert. Members of the LDS church helped to hand out the meals to 43 people. Reports back were that the recipients loved the food! Look for more information and an opportunity to contribute to the August meal. You will find it in a future edition of The Beacon.

-Social Action Committee **Pat Sampson and Penny Brewer**

In Memoriam

Anne Petersen Tilly



fondly remembered by Vicki as a joyful, kind, funny, and fun-loving mom full of love and grace, and with the most amazing life force and resilience imaginable. Vicki was present at her mother's side as she passed away last week at the remarkable age of 104 3/4. A celebration of life will take place when it is safe to congregate in

Every Thursday, 10:00 a.m. Virtual Meeting on Zoom Starting on **August 6th**, the weekly **Morning**

Morning Reflection-New Day

Reflection will be taking place on Thursday

mornings (instead of Wednesdays) at 10:00 a.m. This shift was made by group consensus to accommodate a virtual class that Rev. Zackrie will be taking through the months of August and September. During the **Morning Reflection**, participants will continue gathering to meditate on and discuss Stephen Mitchell's translation of the *Tao Te*



Ching. **Print the Beacon Newsletter**

The Beacon is available to **print** at home. Newest version is available

the Cedars website.

Bainbridge Island

on the Cedars website after 12:00 p.m. on Fridays. Copies also will be available in-person Sunday Worship Services when they resume.

Member Directory

Members and Friends can easily search our online Church Directory for contact information. The link is located under the Connection Tab of

Connect with Cedars

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Services and Children's **Cedars UU Center** 284 Madrona Way NE, #128 **Religious Education** Bainbridge Island, WA 98110 Sundays at 10 a.m. (206) 780-0373 The Island School 8553 NE Day Road **Parking Hints**



<u>Programs</u>

Contact Us

Cedars UU Church is a Welcoming Congregation and Green Sanctuary

Our Mission

Worship with open hearts Nurture a learning spirit Serve justice with compassion Love without judgment



Rev. Zackrie Vinczen

Cedars Calendar

To view our detailed calendar **click here**. Then click on the event title to reveal a drop down with more information and an event description. Links to virtual meetings are in the event description.

Taking advantage of online options, your Cedars community invites you to share events, get information, enjoy fellowship, and pause for reflection.

August 23 10:30 a.m. (Virtual) Sunday Worship Service (Zoom link open at 10:10

August 26

See link in *Upcoming Services*.

11:00 a.m. (Virtual) UUA Orientation for Committee Members

See *UUA Orientation for Committee Members* for information

7:30 p.m. (Virtual) Choir Practice

August 27 10:00 a.m. (Virtual) Morning Reflection **Morning Reflection**

Pass code: 1959 Link and pass code can be used each week.

6:00 p.m. (Virtual) Cedars Board of Trustees

August 28 7:00 p.m. (Virtual) Movie Group Discussion See Cedars Movie Group Discussion for information.

UUA Orientation for Committee Members

Wednesday, August 26, 11:00 a.m. **Orientation session on Zoom** UNITARIAN

UNIVERSALIST

question? We understand that having vital information about the UUA enables committee members to do their best work in their volunteer capacities. In this spirit, we will be hosting an *orientation for committee members* which will focus on the UUA as an organization/institution. At the end of the presentation, there will be ample opportunity to ask questions. This orientation will take place on **Zoom on Wednesday**, **August 26th**, and it will be approximately 2 hours long. (Start time in PDT us 11:00

organizational structure? Who does what? To whom should I direct my

Advanced registration is required for this meeting. Please visit this link to register: **UUA Orientation**

We hope to see you there!**

a.m.)

Over the years, UUA has received

How does it function? What is the

questions from volunteers about the UUA:

**This meeting will be recorded, so if you are unable to attend, please let us know, and we will see send you a link to the recorded video.

-Rhiannon Smith **UUA Regional Administrator**

Cedars Movie Group Discussion

You're Invited! Friday, August 28, 7:00 p.m. (6:45 start-up for check-in)

The Cedars Movie Group meets monthly for social evenings and discussion of a selected movie that participants have viewed previously. This month, the group will meet virtually to discuss the 2011

drama, The Help. Adapted and directed by Tate Taylor from

the best-selling book by Kathryn Stockett, the film celebrates the friendship and sisterhood of women: the love and strength of often-stereotyped African-American Southern household help, as well as the Caucasian women who wanted to break free of the Old South societal custom and move forward with Civil Rights and Women's Rights in the 1960's.

The film is available for streaming on Netflix and Amazon Prime, and the discussion will be hosted by Pat and Dean Sampson, using the Zoom meeting platform. For a link and password, email the **Sampsons**

Cedars Creativity Fair 2020

for information, and join the discussion!

Coping with Social Isolation See What Others Have Been Doing

As first announced several months ago, we have organized a Cedars response to the social isolation in which we all now find ourselves. Missing each other, our identity as a congregational community is

suffering, although we are coping as individuals. Our response has been to re-imagine and present a virtual version of the several after-service **Creativity Fairs** that were held in Webster Hall in recent years. Organized to provide opportunities to see and appreciate artful products and demonstrations of the creativity present in our talented and capable congregation, those fairs also helped us get to know each other better.

Now, the **2020 Cedars Creativity Fair** has opened. Presented as an album of photos on our **Cedars Facebook page**, it is open to everyone, but it also is just a beginning. Everyone is invited to share

what they've been doing or creating during this time of isolation. Please join us by sharing what you have been doing, and enjoy the

growing show! Use the link below to find the show!

Creativity Fair Richard Wilson and Bonnie Yocus

Facebook Page Administrators A recent addition to the show:



More Pickles from the Zackrie/Elliott Victory Garden

Poetic Pause

Cedars Poets We are pleased to offer you two haiku about origins by **Alan Miller**.

> In prairie grass-lands--Water doesn't hurry there: The place of my birth.

> > Of sky we had lots

And land and wind in plenty; Shade? Don't waste your time.

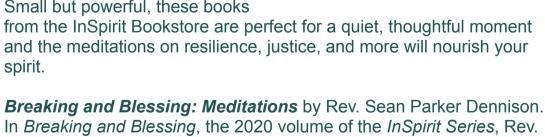


Photo by Joseph Barrientos on Unsplash.

UUA's InSpirit Bookstore In times like these, you might need a little extra solace and inspiration.

Readers' Corner

Small but powerful, these books from the InSpirit Bookstore are perfect for a quiet, thoughtful moment and the meditations on resilience, justice, and more will nourish your



moving here and there, as if across a constellation--connecting mathematics to love, stars to saplings, and breaking to blessing. Rev. Dennison's striking debut will serve as both solace and flame to readers looking for them in equal measure. Spilling the Light: Meditations on Hope and Resilience by Rev. Theresa I. Soto. At once deeply compassionate and spiritually empowering, this collection of inspirational poetry provides pastoral care and an encouragement for authentic living. In this 2019 volume of the *InSpirit Series*, one of the most creative voices in Unitarian Universalism today tends to our souls and emboldens us to become

Sean Parker Dennison imagines letters from angels, draws on the natural world, and reflects on love and calling. They chart a path,

our truest selves. Rev. Soto's poems of hope and resilience validate our identities and our humanity--especially for those of us marginalized by mainstream culture. Love Like Thunder: Meditations by Jess Reynolds. In Love Like Thunder, the 2018 volume of the InSpirit Series, a vibrant new poetic voice invites us into an intimate relationship with nature, God, and love itself. Jess Reynolds weeps in the desert at night, meditates on heart emojis, lets a river of love run wildly in their body and together with their partner God goes to couples counseling to find their way. Jess Reynolds' lyric poetry flows like water between genders, between body

To Wake, To Rise: Meditations on Justice and Resilience edited by Rev. William G. Sinkford. The 2017 edition of the *InSpirit Series* is an anthology of 29 poems, prayers, and reflections about resisting oppression and keeping the faith in social action work. Written by a range of contributors, including ministers and lay leaders, these readings are ideal for both private contemplation and for use in worship. Collected and introduced by a former president of the UUA-and the first Black person to hold that position--these meditations are both a support for activists and a call to action in a new era of political and social division.

Marvin Evans Reading Group Tuesday, October 13, 1:30 p.m.

Book Group News

Virtual Discussion Using Zoom In its virtual meeting this week, the *Marvin Evans* Reading Group chose The Happiness Hypothesis

and spirit, and between earth and sky.

by Jonathan Haidt for its next discussion, scheduled for **October 13**. This insightful book explores concepts, understandings, and perspectives on happiness and meaningful living espoused by significant thinkers of the past, examining them in the light of contemporary psychological research, and extracting lessons that apply to our modern lives. For more information, contact **Alan Miller** or **Mary Romeo**.

The Happiness

Hypothesis

Staying Connected

Zoom Meetings Some connections are through Zoom. If you are new to Zoom or just unsure about how to use it, here are some helpful tips for <u>Using Zoom</u>.

For an appointment, e-mail minister@cedarsuuchurch.org For an urgent matter, call: (360) 930-9339 (Pastoral Care) **Office Manager:** Kathleen Stearns Cedars Office Hours:

Tue-Fri 9:00 a.m.- noon

Rev. Zackrie Vinczen, Minister

Would you like to subscribe to *The Beacon*? Email: <u>beacon@cedarsuuchurch.org</u> Do you have an article, event or announcement? Send it to The Beacon by Friday at 11:00 a.m. ONE WEEK BEFORE the next Friday's newsletter (7 days in advance). See our submission guidelines.

Guide to Cedars Center Use

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