

# The Beacon

A weekly email newsletter from  
Cedars Unitarian Universalist Church  
Serving Bainbridge Island and Northern Kitsap County



Volume 10 Issue 42 October 30, 2020

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## Upcoming Services

### All Souls Day

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**Sunday November 1st**  
10:00 a.m.  
**Virtual Worship Service**

**Rev. Zackrie Vinczen**  
**Johanna Munson, Worship Associate**

Join Rev. Zackrie and Worship Associate Johanna Munson as we pause to remember those who have died and consider the lessons we can still learn from them.

**Standard Time returns (set clocks back)**

A Zoom coffee hour will follow the service.

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### Now What?

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**Sunday November 8th**  
10:00 a.m.  
**Virtual Worship Service**

**Rev. Zackrie Vinczen**  
**Worship Associate Group**

Join us as we consider what our recent election cycle has taught us and reflect on the work we have to do now that election day is behind us.

### Current Week Calendar and Links

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To view our detailed calendar [click here](#). Then click on the event title to reveal a drop down with more information and an event description.

*Your Cedars community invites you to participate in services and activities, get information, enjoy fellowship, and pause for reflection.*

**November 1st**  
10:00 a.m. **Sunday Worship Service**  
[Virtual Service Link](#)  
11:00 a.m. **Congregational Coffee Hour**  
[Virtual Coffee Hour Link](#)  
Pass code **1959** if required  
or by phone using 1-253-215-8782

**November 3rd**  
[National Election Day \(until 8:00 p.m.\)](#)  
7:00 p.m. **Meditation Group**  
[Virtual Meditation Link](#)

**November 4th**  
1:30 p.m. **Cedars Knitting/Crafting Circle**  
[Virtual Knitting/Crafting Link](#)  
6:00 p.m. **Post-Election Vespers**  
[Virtual Vespers Link](#)  
7:30 p.m. **Choir Practice**  
[Virtual Choir Practice Link](#)

## News and Announcements

### Beacon Format Revision

Please note that the calendar summary of current activities and events has been repositioned to the top of the right-hand column for more prominence and direct accessibility on smartphones.

Additionally, for easier access, most access links to virtual gatherings and website addresses or other resources have now been moved to consistently be with the calendar listings.

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### Our Congregational Mission

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*Worship with open hearts  
Nurture a learning spirit  
Serve justice with compassion  
Love without judgment*

## Happy Halloween!

Imagine a crowd of creatively costumed friends showing up at your doorstep hoping for a special Halloween treat. You may recognize some of them, but not all. Identities escape you, but they're clearly your friends. And they're also clearly inviting you to join the fun.



Now realize that this crowd of friends is real. You know them as members and friends of our Cedars congregation, and the fun is in the many gatherings we can enjoy together. We may not be gathering physically right now, but we're frequently enjoying each other's company in the new accommodations of Zoom and YouTube as well as facebook, meetup, and more. We're still an active congregation, despite our physically-masked and socially-distanced protections.

And of course this active congregation still has expenses, and that special Halloween treat is the financial support our Cedars Fundraising Committee is hoping for. Please help us now with a one-time donation as requested in the committee's recent mailing. There's even a special gift promised in return.

Although we cannot be together in person, we can still have Halloween fun! See your friends in costume at the pumpkin near the lower left corner of the Cedars website home page or at **Halloween Friends**

### Who is that?

Questions? Email **Patti Shannon**, [pattishannon3@gmail.com](mailto:pattishannon3@gmail.com).

**Have a safe and fun Halloween!**

## Meditation has Returned

**Cedars Meditation Group  
Every Tuesday, 7:00 p.m.  
Virtual Sessions**

Is this the time to start (restart) meditating?

In these times, the practice of sitting quietly, with attention only on the experience of the present moment, can nourish a sense of calm and control.

The Tuesday Night Meditation Group holds its weekly sessions on Tuesdays at 7:00 p.m. via Zoom. While the Zoom format is not the same as meeting in person, it is a step in committing to a regular meditation practice.



**Cedars UU Church is a  
Welcoming Congregation  
and Green Sanctuary**



**Rev. Zackrie Vinczen**

## Chalice Lighting as a Spiritual Practice

### Faith Formation at Cedars

You may have noticed a number of different folks lighting and extinguishing the chalice each week. It's part of an effort to get more people involved in the service, part of an effort to make sure we "see" each other even when we can't meet in person.



Do you want to light the chalice? Here's how to make it work.

Find a spot in your home or outdoors where there is room for a table and a chalice. It is probably easiest if you use your phone. Record yourself-or have someone record you - lighting the chalice and saying the traditional Cedars chalice lighting words:

*As we come together to worship, We remind ourselves to treat all people kindly Because they are our brothers and sisters, To take good care of the earth because it is our home, and To live lives full of love and goodness Because that is how we will all become the best that we can be.*

Then, take a pause of several seconds (no need to even stop the video) and blow out the chalice, saying these words:

*We extinguish this flame, but not the light of truth, the warmth of community, or the fire of commitment. These we carry in our hearts until we are together again .*

That's it! Send the video to me at [faith.formation@cedarsuuchurch.org](mailto:faith.formation@cedarsuuchurch.org)

A couple of small suggestions: Make sure that your location has good light and that you speak loudly enough to be captured by the microphone. Also, record your video horizontally rather than vertically so that you will fill the screen.

After a few minutes of informal chat we sit for 30 minutes, take a short break to grab a cup of tea, and then have a 30-45 minute discussion about a selected reading. Initially, we will read a brief quote or paragraph but as we progress we may select longer readings or books for discussion.

If you are interested in joining this group or if you'd like some information about beginning a meditation practice, please contact **Dawna Kramer** at [raddjk@yahoo.com](mailto:raddjk@yahoo.com) or by phone from the Breeze directory.



### Post-Election Vespers

The Cedars community is invited to join Rev. Zackie and ministers from other nearby congregations for a time of pause and reflection following election day.

This virtual gathering will take place on November 4th @ 6pm on zoom.

See the Calendar listing for the access link.

### General Election Information

As emphasized in our recent **UU the VOTE** service, voting is a responsibility we all share in ensuring a government that serves us all.

Significant dates remaining:

Register to vote in person at Kitsap Auditor's Office, weekdays and Saturday 8:30 a.m. to 4:30 p.m. and 7 a.m. to 8 p.m. on **Election Day, Nov 3.**

Register to vote in person and/or vote in person at Vote Centers, Oct. 31, Nov. 2 and until 8 p.m. on **Nov 3.**

Ballot Drop Boxes at 23 locations will remain open until 8 p.m. on **Nov. 3.**

For drop box locations, see [kcowa.us/elections](http://kcowa.us/elections) or call Kitsap County Auditor at 360-337-7128.

If you need to register to vote or update your name/address, go to [VoteWA.gov](http://VoteWA.gov). You'll need a WA driver's license or state ID to register online, or you can print out and mail a voter registration form found on that site.

If you are already registered, you can use [VoteWA.gov](http://VoteWA.gov) to check registration, see the Voter's Guide, get ballot information, or track your ballot.

This content was provided by the League of Women Voters and shared by **Joan Spencer.**

### Cedars Knitting/Crafting Circle

Cedars knitters and crafters are invited to join

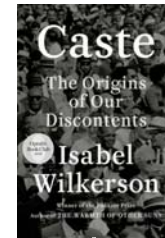
It doesn't have to be a solo affair either! Families and couples can do this together. We all look forward to seeing you.

**Kathryn Jay**  
**Faith Formation Lead**  
360-559-2381

### News from CCBG

#### Cross Cultural Book Group

We last met on December 5, 2019, in person at the Cedars Center. So much has changed since then that it should not be a surprise that it has taken an entire year to regroup. The most significant change for CCBG is that all meetings will be virtual. For information, suggestions, comments, please email Barbara Golden. Include CCBG in the subject line.



**Book: Caste, The Origins of Our Discontents** by *Isabel Wilkerson*.  
Read for discussion, Part One, xv-page 35.

**Date: Friday, December 4, 2020**

**Time: 1:00-3:00 p.m.**

**Virtual discussion access information will be provided closer to the date.**

As before, books may be purchased at Eagle Harbor books on Winslow Way, Bainbridge Island. Book groups get a discount, or you may purchase a book on Monday for their 20% store discount.

**Shop local, when possible, to keep our small businesses open.**

--Barbara Golden

### Pastoral Care Concerns

#### COVID-19 Symptoms? Get tested now!

Public health officials are urging Kitsap residents to get tested as quickly as possible if they have any COVID symptoms, no matter how mild.

It has taken an average of 3.4 days for positive cases in Kitsap County to get tested for COVID-19 after first experiencing symptoms. This delay increases the potential for spreading the virus to others. People who know they have COVID-19 are more likely to isolate themselves than those who aren't sure.

To reduce this testing delay, Kitsap Public Health is

- Urging community members to seek testing immediately if they experience any COVID-19 symptoms, even if their illness is mild.
- Encouraging local health care providers to test symptomatic patients

virtual social gatherings on first Wednesdays of the month at 1:30 p.m. and third Mondays of the month at 7:00 p.m.

Bring your current project, tea or coffee, and snack for virtual sharing and connection. If you don't have a current project in mind, you can knit for charity with your favorite organization or Knitting4Peace.org.

Contact **Carol Ann Davidson** for questions or details.

See the Calendar listing for the access link.

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## Cedars Creativity Fair 2020

### Coping with Social Isolation See What Others Have Been Doing

As first announced early in our experience with the COVID-19 pandemic, we have organized a response to the social isolation in which we all now find ourselves. Missing each other, our identity as a congregational community is suffering, although we are coping as individuals.

Our Cedars response to the social isolation required by the COVID-19 pandemic has been to re-imagine and present a virtual version of the several after-service **Creativity Fairs** that were held in Webster Hall in recent years. Organized to provide opportunities to see and appreciate artful products and demonstrations of the creativity present in our talented and capable congregation, those fairs also helped us get to know each other better.

Now, the **2020 Cedars Creativity Fair** is underway as an album of photos on our **Cedars Facebook page**. Please join us by sharing what you have been doing, and enjoy the growing show using the link below!

### Cedars Creativity Fair 2020

**Richard Wilson** and **Bonnie Yocus**  
Facebook Page Administrators

A recent addition to the show:



Studio 1 as created at Cedars Center, featuring Rev. Zackrie while Rhonda Peacock and Tyler Weaver manage the technology offstage

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as quickly as possible.

- Working with the Kitsap County Emergency Operations center to develop a community-based testing site to expand testing options for Kitsap residents.

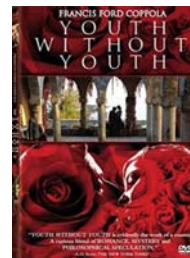
Kitsap residents are urged to create a plan for how they will get tested if they experience symptoms and how they can separate themselves from others while they are sick.

The Centers for Diseases Control website has more information about COVID-19 symptoms. Check with your primary care provider or call 2- 1-1 for information on testing locations in Kitsap County.

In recent discussion within the Cedars Pastoral Care Team, **Rev. Zackrie** confirmed that he would appreciate being informed if any member of the Cedars community tests positive for Covid-19. The information will remain confidential if the person so wishes, but Rev. Zackrie's awareness could help with contact tracing as well as determining what support and possible services could be offered by Pastoral Care Team members and perhaps the larger Cedars UU community as well.

--The Pastoral Care Team

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## Cedars Movie Group

**Youth Without Youth**  
**November 20, 7:00 p.m.**  
**(6:45 p.m. start-up for check-in)**

The Cedars Movie Group meets monthly for social evenings and discussion of

a selected movie that participants have viewed previously.

This month the group will again meet virtually to discuss the film, **Youth Without Youth**.

A love story wrapped in a mystery, the film follows the spiritual odyssey of an aging academic who fears death will find him before he's able to complete his greatest work, and a miraculous and astonishing transformation that then changes everything.

It was produced and directed by Francis Ford Coppola in 2007 and is based on a novella by the Romanian diplomat, novelist, philosopher and polymath Mircea Eliade (1907-86), who spent the last 30 years of his life teaching comparative mythology and religious history at the University of Chicago.

The film is available to rent on Amazon Prime Video for \$2.99. The discussion will be hosted by **Barry and Linda Andrews**, using the Zoom meeting platform.

For a link and password or information, email **Joan Spencer**, and enjoy the discussion!

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## A Special Note from Rev. Zackrie

The recent United States Supreme Court appointment is worrying to many folks and for many reasons.

If you're a member of the LGBTQ+ community and find yourself suddenly needing to get married for legal protections, contact me. I am willing to officiate small socially distanced weddings in Western Washington.

## New Cedars Zoom License

Cedars UU Church recently purchased a licensed zoom account through UUA for use by Board members, committees, and affinity groups. This zoom account has screen sharing, polling, breakout rooms, and no time limits on meetings (the time limit for a free zoom account is 40 minutes).

To schedule a meeting using this account, email [herbert-hethcote@uiowa.edu](mailto:herbert-hethcote@uiowa.edu) with the name of the meeting, the host, the date, the starting time, the approximate length of the meeting (you can go over this time length), if it is a weekly or monthly recurring meeting, and your mobile phone number.

Herb will schedule the meeting and send an email to you with the zoom information about the meeting including the link to the meeting and an attachment with complete instructions on being a zoom host. Then you can cut and paste this zoom meeting information into an email to those whom you are inviting.

### Print the Beacon Newsletter

The Beacon is available to download and print each week. Go to [www.cedarsuuchurch.org](http://www.cedarsuuchurch.org). The newest issue is available on the Cedars website under News after 12:00 p.m. on Fridays. Copies will also be available at Sunday Worship Services when they resume.

### Member Directory

Members and Friends can easily search our online Church Directory for contact information. The link is located under the Connection Tab of the Cedars website

### Services and Faith Formation

Sundays at 10:00 a.m.  
The Island School  
8553 NE Day Road  
Bainbridge Island

**Cedars Center**  
284 Madrona Way, NE #128  
Bainbridge Island WA 98110  
(206) 780-0373

Closed during COVID-19 Pandemic

### Rev. Zackrie Vinczen, Minister

For an appointment, e-mail  
[minister@cedarsuuchurch.org](mailto:minister@cedarsuuchurch.org)  
For an urgent matter, call (360) 930-9339 (Pastoral Care)

**Kathryn Jay, Faith Formation Lead**  
[faith.formation@cedarsuuchurch.org](mailto:faith.formation@cedarsuuchurch.org)

**Office Manager**  
Currently volunteer staff  
[office@cedarsuuchurch.org](mailto:office@cedarsuuchurch.org)

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Cedars UU Church (website)

