# The Beacon

A weekly email newsletter from Cedars Unitarian Universalist Church Serving Bainbridge Island and Northern Kitsap County



Volume 10 Issue 41 October 23, 2020

Website Faith Formation Calendar

Our Staff Contact Us Join Cedars

## **Upcoming Services**

#### A Case for Titanomachy

Sunday October 25th 10:00 a.m. Virtual Worship Service

Rev. Zackrie Vinczen Grace Bonow, Worship Associate

When the Olympian gods rose to power, they did it by overthrowing the generation of Titans that preceded them. This pattern is mirrored in Celtic mythology when the Tuath De Danann (or tribe of the gods) overpowers the previous generation of divine beings known as the Fir Bolg. In this service we will consider this trend of generational displacement and what it means for us mere mortals

To access service, use this link at 10 a.m. **Service link** 

There will be a Zoom coffee hour following the live stream of this service.

**Coffee Hour link** 

#### **All Souls Day**

Sunday November 1st 10:00 a.m. Virtual Worship Service

Rev. Zackrie Vinczen Johanna Munson, Worship Associate

Join Rev. Zackrie and Worship Associate Johanna Munson as we pause to remember those who have died and consider the lessons we can still learn from them.

#### **Our Congregational Mission**

Worship with open hearts
Nurture a learning spirit
Serve justice with compassion
Love without judgment





Cedars UU Church is a Welcoming Congregation and Green Sanctuary



Rev. Zackrie Vinczen

#### **News and Announcements**

#### **Sunday Coffee Hour is Changing**

**New Link Starting Sunday** 

We will be using a new link for our Zoom Coffee Hour following our virtual services



beginning this Sunday October 225th.

If you have saved the link from previous coffee hours somewhere, please be sure to update it with the new link. The change is being made so that members of our community can take turns hosting this meeting through the new zoom account that has been set up for use at Cedars.

To access our Coffee Hour, please use the link below following our live stream broadcast:

#### **Coffee Hour link**

If prompted for a password, enter 1959.

Participants are also welcome to join by phone using the following number: 1-253-215-8782



### Sunday Afternoon Hike

On Sunday October 25th, Members and Friends of Cedars are invited to join Rev. Zackrie at North Kitsap Heritage Park for a socially-distanced hike.

We will meet at 2pm in the parking lot off Miller Bay Rd.

People of all ages are invited to join, though since we will be cover 2-3 mile of distance, we ask everyone to be aware of their ability and comfort level.

All participants will be required to wear a mask and follow social distancing protocol. Masks will be available for anyone who forgets to bring one.

If you have questions, feel free to reach out to Rev. Zackrie at minister@cedarsuuchurch.org In addition, if you need to contact Rev. Zackrie on the day of the hike you can call/text him at (360)-930-9339.

For more information on North Kitsap Heritage Park (including a trail map) **click here**.

#### A Halloween Treat

# Some Halloween fun is being planned for you!

As you no doubt know, Cedars must hold fundraising events to meet operating expenses.



Although COVID-19 has meant our gatherings must be virtual, and consequently are less costly, we still need to cover expenses. To balance our budget this year, our need has been reduced to \$13,500. Still, that is a challenge and we need your help.

Information about helping is being mailed, and although we cannot be together in person, we

#### **Cedars Calendar**

To view our detailed calendar click here. Then click on the event title to reveal a drop down with more information and an event description. Links to virtual meetings are in the event description.

Taking advantage of online options, your Cedars community invites you to share events, get information, enjoy fellowship, and pause for reflection.

#### October 24

3:00 p.m. (virtual) Harvest the Power session 5

#### October 25

10;00 a.m. (virtual) Sunday Worship Service 11:00 a.m. Congregational Coffee Hour See links in Upcoming Services.

#### October 27

7:00 p.m. (virtual) Celebrating Life Workshop session 4 7:00 p.m. (virtual) Meditation Group

#### October 28

1:30 p.m. Cedars Knitting/Crafting Circle Link to Knitting/Crafting session 7:30 p.m. (virtual) Choir Practice Link to Choir Practice

#### October 29

10:00 a.m. (virtual) Morning Reflection
Link to Morning Reflection Pass code - 1959
Link and Pass Code can be used each week

# Chalice Lighting as a Spiritual Practice

#### **Faith Formation at Cedars**

You may have noticed a number of different folks lighting and extinguishing the chalice each week. It's



part of an effort to get more people involved in the service, part of an effort to make sure we "see" each other even when we can't meet in person.

Do you want to light the chalice? Here's how to make it work.

Find a spot in your home or outdoors where there is room for a table and a chalice. It is probably easiest if you use your phone.

Record yourself-or have someone record you - lighting the chalice and saying the traditional Cedars chalice lighting words:

As we come together to worship, We remind ourselves to treat all people kindly Because they are our brothers and sisters, To take good care of the earth because it is our home, and To live lives full of love and goodness Because that is how we will all become the best that we can be.

Then, take a pause of several seconds (no

can have some fun celebrating our participation virtually! Cedars has a history of fundraising in creative costume, and we can return to virtually celebrate some of that history again.

For our virtual Halloween gathering, please submit photos of yourself and/or family members in costume for sharing on a special Halloween page on the Cedars website.

Whether recent or vintage, from a Cedars event or not, submit costumed photos by Thursday October 29 to Carolyn Kempkes at ecrkempkes@icloud.com. Please note that this will be a public web page, so submit nothing that may "haunt" you.

#### Who is that?

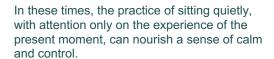
Questions? Email **Patti Shannon**, pattishannon3@gmail.com.

Have a safe and fun Halloween!

#### Meditation has Returned

Cedars Meditation Group Every Tuesday, 7:00 p.m. Virtual Sessions





The Tuesday Night Meditation Group holds its weekly sessions on Tuesdays at 7:00 p.m. via Zoom. While the Zoom format is not the same as meeting in person, it is a step in committing to a regular meditation practice.

After a few minutes of informal chat we sit for 30 minutes, take a short break to grab a cup of tea, and then have a 30-45 minute discussion about a selected reading. Initially, we will read a brief quote or paragraph but as we progress we may select longer readings or books for discussion.

If you are interested in joining this group or if you'd like some information about beginning a meditation practice, please contact **Dawna Kramer** at raddjk@yahoo.com or by phone from the Breeze directory.

Link to sessions

#### **Cedars Knitting/Crafting Circle**

Cedars knitters and crafters are invited to join a weekly virtual meeting on Wednesdays at 1:30. Bring your current project, tea or coffee, and snack for virtual sharing and connection. If you don't have a current project in mind, you can knit for charity with your favorite need to even stop the video) and blow out the chalice, saying these words:

We extinguish this flame, but not the light of truth, the warmth of community, or the fire of commitment. These we carry in our hearts until we are together again.

That's it! Send the video to me at faith.formation@cedarsuuchurch.org

A couple of small suggestions: Make sure that your location has good light and that you speak loudly enough to be captured by the microphone. Also, record your video horizontally rather than vertically so that you will fill the screen.

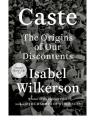
It doesn't have to be a solo affair either! Families and couples can do this together. We all look forward to seeing you.

Kathryn Jay Faith Formation Lead 360-559-2381

#### **News from CCBG**

#### **Cross Cultural Book Group**

We last met on December 5, 2019, in person at the Cedars Center. So much has changed since then that it should not be a surprise that



it has taken an entire year to regroup. The most significant change for CCBG is that all meetings will be virtual. For information, suggestions, comments, please email Barbara Golden. Include CCBG in the subject line.

Book: CASTE, The Origins of Our Discontents by Isabel Wilkerson.
Read for discussion, Part One, xv-page 35.

Date: Friday, December 4, 2020 Time: 1:00-3:00 p.m. Virtual discussion access information will be provided closer to the date.

As before, books may be purchased at Eagle Harbor books on Winslow Way, Bainbridge Island. Book groups get a discount, or you may purchase a book on Monday for their 20% store discount.

Shop local, when possible, to keep our small businesses open.

--Barbara Golden



### **Post-Election Vespers**

The Cedars community is invited to join Rev. Zackrie and ministers from other nearby congregations for a time of pause and reflection following election day.

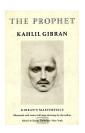
This gathering will take place on November

organization or Knitting4Peace.org.

Topic: Cedars Knitting/Crafting circle Time: This is a recurring meeting. Meet anytime

Join Zoom Meeting

Carol Ann Davidson



### **Morning Reflection**

Every Thursday, 10:00 a.m Virtual Sessions

During each Morning Reflection session, which is led by **Rev. Zackrie**, participants gather for

meditation and discussion of brief sections from **The Prophet** by *Kahlil Gibran*.

#### **Cedars Movie Group**

**Discussion Tonight** 

The City of Your Final Destination
October 23, 7:00 p.m.
(6:45 p.m. start-up for check-in)



The Cedars Movie Group meets monthly for social evenings and discussion of a selected movie that participants have viewed previously. This month the group will meet virtually to discuss *The City of Your Final Destination*.

Twenty-eight year-old University of Kansas doctoral student Omar Razaghi wins a grant to write a biography of deceased Latin American writer Jules Gund. But Omar's journey to Uruguay seeking family authorization for the work also carries him into a life-changing culture of asylum, intellect, and wealth. The Peter Cameron novel inspiring the film has been described as a wryly humorous, impeccably observed study of the capriciousness of love.

A 2009 Merchant-Ivory drama starring Anthony Hopkins, Laura Linney, Omar Metwally, Charlotte Gainsbourg, and Hiroyuki Sanada, the film is readily available for streaming (Netflix DVD, Prime Video, YouTube, etc.). The discussion will be hosted by **Sally and Richard Wilson**, using the Zoom meeting platform.

For a link and password, email **Joan Spencer** for information, and enjoy the discussion!

## **Cedars Creativity Fair 2020**

Coping with Social Isolation See What Others Have Been Doing

As first announced early in our experience

4th @ 6pm on zoom. To access this event please use the link below

**Post-Election Vespers** 

#### **General Election Information**

As emphasized in our recent **UU** the **VOTE** service, voting is a significant responsibility we all share in ensuring a government that serves us all.

Significant dates to remember:

Oct 26 Deadline for registering to vote by mailed application or using VoteWA.gov

Oct 27-Nov 3 Register to vote in person at Kitsap Auditor's Office, weekdays and Saturday 8:30 a.m.-4:30 p.m. with extra hours 7 a.m. – 8 p.m. on Nov 3.

#### Oct 16-26 voting by US Mail

Oct 16-Nov 3 ballot drop box voting at 23 locations until 8 p.m. on Nov 3

Oct 31, Nov 2, Nov 3 Register to vote in person and/or Vote in person at a Voting Center

**Nov 3 Election Day**. Drop your ballot at a ballot drop box, or vote in person at a Voting Center until 8 p.m.

For dropbox locations, visit kcowa.us/elections or call Kitsap County Auditor at 360-337-7128.

If you need to register to vote or update your name/address, go to VoteWA.gov. You'll need a WA driver's license or state ID to register online, or you can print out and mail a voter the registration form found on that site.

If you are already registered, you can use VoteWA.gov to check registration, see the Voter's Guide, get ballot information, or track your ballot.

This content was provided by the League of Women Voters and shared by **Joan Spencer**.

### **Pastoral Care Concerns**

### COVID-19 Symptoms? Get tested now!

Public health officials are urging Kitsap residents to get tested as quickly as possible if they have any COVID symptoms, no matter how mild.

It has taken an average of 3.4 days for positive cases in Kitsap County to get tested for COVID-19 after first experiencing symptoms. This delay increases the potential for spreading the virus to others. People who know they have COVID-19 are more likely to isolate themselves than those who aren't sure.

To reduce this testing delay, Kitsap Public Health is

Urging community members to seek

with the COVID-19 pandemic, we have organized a response to the social isolation in which we all now find ourselves. Missing each other, our identity as a congregational community is suffering, although we are coping as individuals.

Our Cedars response has been to re-imagine and present a virtual version of the several after-service **Creativity Fairs** that were held in Webster Hall in recent years. Organized to provide opportunities to see and appreciate artful products and demonstrations of the creativity present in our talented and capable congregation, those fairs also helped us get to know each other better.

Now, the **2020 Cedars Creativity Fair** is underway. Presented as an album of photos on our **Cedars Facebook page**, it is open to everyone, but it also is just a beginning. Everyone is invited to share what they've been doing or creating during this time of isolation.

Please join us by sharing what you have been doing, and enjoy the growing show! Use the link below to find the show!

#### **Cedars Creativity Fair 2020**

**Richard Wilson** and **Bonnie Yocus** Facebook Page Administrators

A pair of recent additions to the show:



A photograph of Sol Duc river with low water and fall colors by Phil Hutcherson

and a new novel by Warren Read



- testing immediately if they experience any COVID-19 symptoms, even if their illness is mild.
- Encouraging local health care providers to test symptomatic patients as quickly as possible.
- Working with the Kitsap County Emergency Operations center to develop a community-based testing site to expand testing options for Kitsap residents.

Kitsap residents are urged to create a plan for how they will get tested if they experience symptoms and how they can separate themselves from others while they are sick.

The Centers for Diseases Control website has more information about COVID-19 symptoms. Check with your primary care provider or call 2- 1-1 for information on testing locations in Kitsap County.

In recent discussion within the Cedars Pastoral Care Team, **Rev. Zackrie** confirmed that he would appreciate being informed if any member of the Cedars community tests positive for Covid-19. The information will remain confidential if the person so wishes, but Rev. Zackrie's awareness could help with contact tracing as well as determining what support and possible services could be offered by Pastoral Care Team members and perhaps the larger Cedars UU community as well.

-- The Pastoral Care Team

#### **New Cedars Zoom License**

Cedars UU Church recently purchased a licensed zoom account through UUA for use by Board members, committees, and affinity groups. This zoom account has screen sharing, polling, breakout rooms, and no time limits on meetings (the time limit for a free zoom account is 40 minutes).

To schedule a meeting using this account, email herbert-hethcote@uiowa.edu with the name of the meeting, the host, the date, the starting time, the approximate length of the meeting (you can go over this time length), if it is a weekly or monthly recurring meeting, and your mobile phone number.

Herb will schedule the meeting and send an email to you with the zoom information about the meeting including the link to the meeting and an attachment with complete instructions on being a zoom host. Then you can cut and paste this zoom meeting information into an email to those whom you are inviting.

#### Print the Beacon Newsletter

The Beacon is available to download and print each week. Go to www.cedarsuuchurch.org. The newest issue is available on the Cedars website under News after 12:00 p.m. on Fridays. Copies also will be

#### **Member Directory**

Members and Friends can easily search our online Church Directory for contact information. The link is located under the Connection Tab of the Cedars website available in-person at Sunday Worship Services when

Services and Faith Formation Sundays at 10:00 a.m. The Island School 8553 NE Day Road Bainbridge Island

Cedars Center 284 Madrona Way, NE #128 Bainbridge Island WA 98110 (206) 780-0373

Closed during COVID-19 Pandemic

Rev. Zackrie Vinczen, Minister
For an appointment, e-mail
minister@cedarsuuchurch.org
For an urgent matter, call (360) 930-9339 (Pastoral

Kathryn Jay, Faith Formation Lead faith.formation@cedarsuuchurch.org

Office Manager Currently volunteer staff office@cedarsuuchurch.org

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Cedars UU Church (website)



